What do Students say about the Counselling Service?

Newidiodd fy agwedd tuag at bethau heb i mi hyd yn oed sylwi

I was surprised by how much it worked

I feel I gained a huge amount from it

I am completely rid of the disabling feeling I used to have and it feels wonderful! I think I would be in a very different situation if it wasn't for my counsellor...she taught me things about myself that will benefit me for the future, gave me useful information and was always willing to listen.